



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Riviera Middle School
Principal:	Javier Nora
Phone Number:	305-226-4286
School Wellness/Healthy School Team Leader:	Natazha Cumberbatch
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> • Students • School administrators • School food service manager/supervisor • Parent(s) • Counselor • Physical Education Teacher • School Volunteer
Committee Meeting Dates:	10/5/23 – EESAC Mtg., 11/2/23 -EESAC Mtg., 12/7/23 -EESAC Mtg.,
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> • Promote free breakfast and good eating habits, especially as testing approaches. • Provide healthy meals and snacks daily to students, facility, and staff through the cafeteria. <p>Physical Education:</p> <ul style="list-style-type: none"> • Fitnessgram Testing <p>Physical Activity:</p> <ul style="list-style-type: none"> • Promethean board fitness games • Teach measurement through jumping. • Act out stories and scientific concepts. <p>Health and Nutrition Literacy:</p>

	<ul style="list-style-type: none"> • Bring awareness to the nutrition value of the All-Star's Garden by putting more on our social media • Culinary Arts class healthy choices <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Wellway Wellness Program • Bring in more teachers/employees into the school wellness activities.
Sustainability Practices:	<ul style="list-style-type: none"> • Posting environmental advocacy and educational flyers and information through the school • Monthly recycling program challenges • Encourage the reusable items such as water bottles
Community Engagement:	<ul style="list-style-type: none"> • Sending home harvested school garden produce • Health fair • Increase business partnership
Monitoring and Evaluation:	<ul style="list-style-type: none"> • Designated teacher responsible for monitoring and distributing harvested school garden produce • Have more organized meeting agendas and set times for the following year • Advertise more to increase future volunteers as we begin to project next school year
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	<ul style="list-style-type: none"> • Literacy health workshops (quarterly) • Afterschool activities – Cross country, Kids Run Miami, Culinary Arts